

ONLINE

COURSE

Emotional Intelligence

 Self-paced, online course

 www.elevateb.com.au/cmllp



ACCM Points

CMAA Members & Affiliates
attending will earn:

12 ACCM POINTS

for the successful completion of this course

This course can be taken on its own or as part of 12 courses that make up the **CMAA Leadership & Management Program** via the CMAA's online partner, **elevateB**.



elevateB

Course Outline

Emotional intelligence (or sometimes EQ, for emotional quotient), a concept only fully developed in the mid-1990s, has come to be recognised as a crucial aspect of building and maintaining interpersonal relationships in both work and social environments.

The course demonstrates that people with higher emotional intelligence find it easier to form and maintain interpersonal relationships and to 'fit in' to group situations. They are also better at understanding their psychological state, which can include managing stress effectively and being less likely to suffer from depression.

Importantly, it will help you to identify the impact of own emotions on others in the workplace, recognise and appreciate the emotional strengths and weaknesses of others, promote the development of emotional intelligence in others and utilise emotional intelligence to maximise team outcomes.

Course Delivery

This comprehensive course is delivered via an interactive, online platform providing the flexibility to study and learn at times that suits participants commitments and at a pace that suits their lifestyle.

Course material is comprised of readings, links, videos, activities and assessments (optional) in a comprehensive learning experience.

 **TO REGISTER**

SCAN for course cost and details
or visit www.elevateb.com.au/cmllp



Or contact **elevateB** directly
(07) 3726 9598
0419 535 956
info@elevateb.com.au



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ASSOCIATION
AUSTRALIA**

Club Managers' Association Australia

www.cmaa.asn.au

OR contact 02 9746 4199 or training@cmllp.com.au